BLUE

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## LOVE STORIES

From Saskatoon to Laurel Canyon, from Crete to Chapel Hill and the Isle Of Wight, the pleasures and pains of romance pursued Joni Mitchell. And in 1971 she etched them into *BLUE* – a masterpiece of poetry and melody, power and vulnerability, that astonished her peers, then and now. Here's the story behind one of the greatest albums of all time. *Words:* GRAYSON HAVER CURRIN





T WAS THE fourth day of the third Isle Of Wight Festival, Saturday, August 29, 1970. The afternoon's line-up suggested some staggering variety show: Tiny Tim and John Sebastian, The Doors and The Who, Miles Davis with some of the crew that had just made *Bitches Brew*, and Joni Mitchell, set for the 9pm slot.

Local residents had protested the expected influx of loud ne'er-do-wells, especially after the popularity of the first two festivals and the chaos of Woodstock and Altamont the year before. Organisers scrambled, moving the five-day affair for the first time to a farm at the base of Afton Downs, a hilly expanse of grass-speckled chalk that offered a prime perch for thousands of attendees who believed all music should be free. As the crowd swelled beyond half a million, those who still wanted in began to crash the formidable metal fence. Promoters debated asking the world's biggest bands to play for free, to appease the growing mob.

"The kids got upset about the commercialisation that was going on. When you get a crowd of that many people and one guy starts, 'Let's get in for nothing,' there's

**"The Isle Of** 

Wight was

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JONI MITCHELL

the hate-the-

a ripple effect," the filmmaker Murray Lerner told Louder half a century or so later. "That whole movement began to break apart."

The idealism of the justexpired '60s was fracturing, in part, because of the conspicuous wealth of its stars: Mitchell, for instance, arrived in a rented red Rolls-Royce, with Neil Young and their manager Elliot Roberts. Donovan came with a lavish antique stagecoach, complete with ostentatious bevelled windows; it became Mitchell's dressing room.

"It was the hate-the-performer festival," Mitchell remembered in the 2018 documentary Both Sides Now. Four months earlier, she had released *Ladies Of The Canyon*, her third album, and was steadily becoming a star of the singer-songwriter scene. "There was an expression of wealth taking place."

But at mid-afternoon, the sun still high in the sky, organisers implored Mitchell to take one for the flagging team. After a slew of cancellations, they needed her to perform in broad daylight, as gates crashed and police clashed with the kids on Desolation Row, an illicit campsite built of straw. She resisted, then conceded. "I have a feminine cooperative streak," she lamented.

Wearing a long mustard-flower dress and an assortment of turquoise and silver, she strode on stage with only a Martin guitar for a crowd composed mostly, it seemed, of shirtless men. Standing in front of The Who's Stonehenge of colossal amps, she adjusted the microphone and her capo and, in an attempt to break the ice, joked, "Looks like they're making Ben-Hur or something." She laughed nervously and alone, like a comedian flopping at the start of their stand-up debut.

The set didn't get better: she sang her first few songs to a tide of apathetic chatter and above distracting ripples of feedback. She politely reproached the crowd's noise: "It really puts me uptight, and then I get nervous and forget the words. Just give me a little help, will you?" Then, just as she summoned Woodstock, a man in the throes of a bad trip had to be lifted from the first few rows. A parental panic washed over Mitchell's face. But she returned to the piano, encouraging the crowd to join her in the chorus, in getting "back to the garden".

The moment she finished, Yogi Joe – months earlier, the man who gave Mitchell her first yoga lesson, and who had now inexplicably found his way onto the stage with some hand drums – grabbed the microphone and began lecturing the crowd about rock music's crass commercialism.

> Roberts and a dragoon of security guards tried to ply him off stage, Mitchell eventually pleading with him. The crowd went berserk, drowning out her piano as she began My Old Man, an unreleased song about being in love with Graham Nash. Finally, she had enough.

> "Listen a minute, will ya? Will ya listen a minute? Now listen," she yelled, spinning toward the crowd while fending off tears. "I

get my feelings off through my music. But, listen: you got your life wrapped up in it, and it's very difficult to come out here and lay something down when... you're acting like tourists, man. Give us some respect."

It worked. Mitchell's final six songs were a tour de force of bare feelings, unrecorded songs A Case Of You and California holding as much power and sway as the established favourites Both Sides Now and Big Yellow Taxi. For California, written about her return to The Golden State after gallivanting through Europe with hippies and rich-kid rubberneckers, she even sat down on a folding chair with a four-string Appalachian dulcimer, a relatively exotic instrument she'd been playing for a year.



"Can you give me a little more volume on the dulcimer – somehow?" she said, beaming and at ease.

"I've run for much less than that," Mitchell would remember. "But I thought, I have to stand up... And the beast lay down. The beast lay down."

It was a galvanising moment for Mitchell, an instant in which she realised the power that her seemingly small sound – her voice and a few strings, a grand piano at most – could have. That vulnerability had been a touchstone of her first three albums but, in the months to come, she pushed it to the centre of the 10 songs she cut at the beginning of 1971. In the record she would title *Blue*, she sang candidly of love's joys and follies, of the ways it had crushed and uplifted her. She sang of regret for leaving, of discomfort with staying. She sang, for the first time, of the child she'd put up for adoption six years earlier. Half a century later, *Blue* remains one of the most complete encapsulations of how it feels to be young and falling in or out of love.

IM CONSIDINE WAS a former child star approaching 30 in the spring of 1968. The scion of a prominent show business family, Considine appeared in a smattering of films before making a star turn in My Three Sons, a sitcom about a single dad's misadventures in raising kids. But his run had ended three years earlier, so he had turned to screenwriting and tinkering with photography. He was a music fan, too, during a boom in California's folk rock scene.

"I went to a Judy Collins concert, and she sang Both Sides Now. I thought, Wow, that's a great song," says Considine. Collins had already recorded the song, but it was months away from becoming her hit. "And she said, 'If you like that song, wait until you hear the person who wrote it, Joni Mitchell.' That seemed like an extraordinary thing for an artist to say."

Considine took Collins' advice. Weeks later, early in June 1968, Mitchell was making her debut at The Troubadour, m→





in 1979.

made everything that used to be

so hard so easy. It is an anthem of

unqualified happiness. "We were

married, you might say," Mitchell, who had split with her first

husband a year before inviting

Nash over, told Cameron Crowe

though, radiated equivocation. In

Willy, recorded for 1970's Ladies

Of The Canyon, she worries that

Mitchell's songs for Nash,

the now-iconic club just off the Sunset Strip. Considine lived a mile away and recognised an opportunity in the club's famously dim lighting. He'd been experimenting with a new film that could capture elegant portraits in low light. "It was like a tunnel, so dark," Considine says. "So I thought, Let's give this a try."

He was taken by Mitchell, particularly the dynamic sweep of her voice. He pulled out his camera and eased toward the stage. People scoffed, amused that he thought he could get a worthwhile photo. Back home, he was stunned with the results, particularly how the sharp grain of the film made Mitchell look like a Greek statue, a wash of marble beauty emerging from shadow. He made a few 11-inch by 14-inch prints and returned to The Troubadour the following night, climbing to the tiny dressing room to seek out Mitchell.

"She seemed really pleased, and I felt about nine feet tall," says Considine. "But then David Crosby came in, looked at them, dismissed them, and said to me, 'Needs more contrast.' I thought, Bitch!"

But after Considine developed the photos for a second time, he realised that Crosby, the son of an acclaimed cinematographer, was right. And when Mitchell returned to the club for a six-show stand there in January 1969, so did Considine, with his camera in hand. He found Mitchell in the Troubadour's upstairs green room, lit by streetlights and signs outside. She was painting a Valentine's Day present for

Graham Nash, The Hollies star who had arrived in Los Angeles since her first show at The Troubadour and had almost immediately moved in with her. Considine shot a double-exposure of Mitchell, juxtaposing her portrait and a wider frame that shows her painting. "And the light was just magnificent," he remembers. She was practically glowing.

On Nash's first night in town, in 1968. Mitchell rescued him

from a wild party at Crosby's, tugging on his arm and saying, "Come to my house, and I'll take care of you," he later wrote. By April 1969, they represented a picture of domestic Laurel Canyon bliss, their house brimming with instruments, an elk's head, two cats and a lamp designed as a frog holding a lily pad. They went into creative overdrive. Mitchell painted incessantly while self-producing her second album, Clouds. Nash worked at stained-glass and photography while Crosby, Stills & Nash cut their debut.

And he doted on Mitchell. During an April 1969 New York Times profile of the pair in their Laurel Canyon nest, Nash promised Joni a kiss because he liked her new version of Both Sides Now so much. "You would've kissed her, man, if she would have spit," Elliot Roberts quipped. "There sure is a lot of love in this house."

Nash wrote that scene, of course, into the blissful Our House, where her love



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TIM CONSIDINE

it's too good to be true, that he "gave [his] heart too soon". Its corollary, My Old Man, is an ode to her happiness when he's near and her blues when he's gone. "We don't need no piece of paper from the city hall," she sings, her voice diving and rising with the same doubts. "Keeping us tied and true, no."

Indeed, it didn't last. Late in 1969, the relationship disintegrated: a mixture of Nash's self-proclaimed insecurity, her romantic restlessness and his clandestinely narcotised life with the suddenly famous Crosby, Stills & Nash.

"After Graham and I separated, I was really depressed," Mitchell admitted to Marc Myers in Anatomy Of A Song. "I believed in that relationship, and suddenly it was over. I also lost most of my Los Angeles friends, who had been my constant community. When I left him, they took his side."

O MITCHELL FLED, first to Crosby's boat, a Belize-built schooner named The Mayan he'd purchased in 1969. But when she climbed aboard in Jamaica in early February, Nash was there, too. She felt she'd been hoodwinked by Crosby, a mentor who had encouraged her to move to Los Angeles and produced her first album, Song To A Seagull. After passing through the Panama Canal, she flew to California and joined a poetry-writing pal, Penelope Ann Schafer, en route to Greece.

At home with Nash in 1969, Mitchell had claimed that nascent fame and her escalating schedule had cost her the space and time to write. She intended to take four months off at summer's end to live a little and focus on new material. "There is a certain amount of life in all my songs," she would later tell Melody Maker. "If I have any personal philosophy, it is that I like truth." This was her chance to live a little, to find new truths for tunes.

After tootling around Athens, the pair heard that, since the early '60s, hippies had flocked to the island of Crete, where they lived in seaside caves carved into soft sedimentary rock in the fishing village of  $\implies$ 

Gett



A new dawn: Mitchell meets the press in advance of her show at the Royal Festival Hall, January 1, 1970; (opposite) Dining Room, Laurel Canyon, painting by Joni Mitchell.



Matala. They hopped on a ferry, rented a VW Beetle, and found a cinderblock hut beside a poppy field. An explosion at Delfini's, one of Matala's two taverns, sent a cook sailing through the doors. Mitchell had to meet this character.

Cary Raditz was a North Carolina copywriter who decamped to Greece to get away from the stateside grind. Mitchell was smitten. "He had steely-cold blue eyes and a menacing grin," she told Myers, "and he was a bit of a scoundrel."

For nearly two months, they were inseparable, hiking through the hills in clunky boots, swimming in the sea in the buff, learning yoga from Yogi Joe, and sleeping in Raditz's cave on a stone-slab bed covered with pebbles, grass and a rough Afghan rug. Mitchell would sometimes disappear into the countryside carrying her dulcimer, a rare instrument built in California by exclusive luthier Joellen Lapidus. Escaping the gaze of the hippies who knew who she was, she wrote Carey, an intoxicating epic about her Matalan adventures and lowly living conditions. She adored Raditz but longed for "my clean white linen and my fancy French cologne".

She sang it for him on her birthday, both as a gift and a farewell letter. She flew to Paris, then "caught a plane to Spain", partying and playing dulcimer alongside Nico at the Ibiza home of Rolling Stone co-founder Jann Wenner. But she began to feel the pull of an idealised California, before The Fall, and captured that longing in the song she titled for the state. "I'm going to see the folks I dig/I'll even kiss a Sunset pig," she sang, nostalgic even, it seemed, for the cops on the Strip.

Still, the freedom of Matala clung to Mitchell like salt from the sea. "It was a lovely life, far better than being middleclass in America," she told Rolling Stone. "Even the poorest people seemed to eat well: cucumbers and tomatoes, oranges and potatoes and bread."

By late July, though, Mitchell's expedi-

tion led her back home to Canada, where she joined Elizabeth Cotton, Mississippi Fred McDowell, and Odetta at Toronto's Mariposa Folk Festival. There was a familiar face among the ranks – James Taylor.

"She sang something while we sat in the grass, and she was tauntingly beautiful," Peter Asher remembers of the two at Newport. "I don't remember sparks flying across the room, but Joni was this very magnetic, very charming person. You could see her effect on all the men sitting around her. James was no exception."

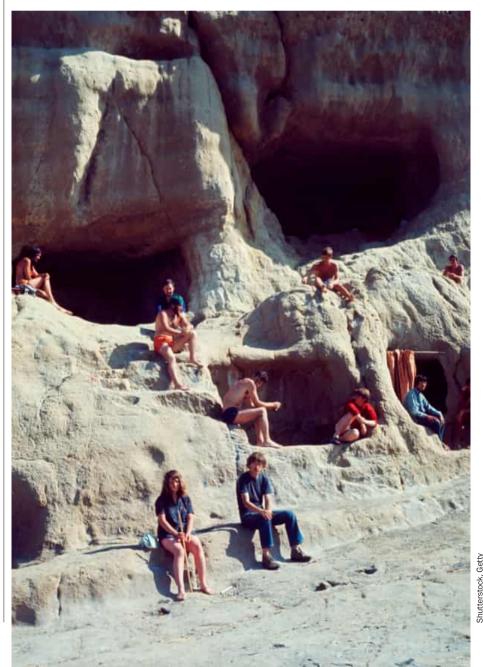
This time, they became a couple.

ITCHELL JOINED Taylor when he filmed Two-Lane Blacktop, a movie about itinerant outlaw drag racers, in the New Mexico desert late that summer, knitting him a sweater by the pool. She wrote the experience into All I Want, a song about the extreme emotional vicissitude of falling in love: "I want to knit you w a sweater/Want to write you a love letter."

Alongside Dennis Wilson in an RV, they drove to a Hopi ceremony with snakes and dancing, an occasion that Mitchell would directly reference at Isle Of Wight when she called the attendees tourists.

"Why would you not want to hang out with James Taylor, for God's sake?" Nash told Michelle Mercer for her inquisitive analysis of Mitchell's Blue period, Will You Take Me As I Am. "Just look at him."

You could hear their chemistry, too. In late October, the new couple recorded a set for the BBC at London's Paris Theatre. They introduced each other's songs, finished each other's choruses, and giggled at each other's jokes. When she explained the curious immigrant history of the dulcimer, she said, "It's a truly American folk instrument, right?" The Canadian paused, as if awaiting the North Carolinaraised Taylor's seal of approval. They then played Mitchell's Carey and Taylor's Carolina In My Mind.



During that trip, Mitchell and Taylor shared a flat with Peter Asher and his wife, Betsy Doster, complete with a harpsichord and piano.



Asher remembers her sitting down to rehearse Blue, an incisive and patient ballad she'd just finished about the pain and perseverance of romance and, really, living. It stunned Asher in the same way hearing I Want To Hold Your Hand for the first time did, back when he and Paul McCartney shared the top floor of the Asher family's London home at 57 Wimpole Street.

"It was one of the most beautiful things I'd ever heard," he says today. "It's hard to be analytical in those moments. You just say, Please play it again. It registers as beautiful poetry, but you haven't figured it out. Hearing it was an experience I wanted to repeat."

The new first couple of singer-songwriters fell for one another so deeply that Mitchell accompanied Taylor to Chapel Hill for Christmas, where his father, Ike, was about to finish his tenure as the dean of the medical school at the University Of North Carolina. Mitchell, it seemed, was joining what Rolling Stone would soon call "The First Family of the New Rock." Taylor helped his father cut down a Christmas tree. The couple carolled through the neighbourhood, joined by Taylor's childhood friend, the journalist David Perlmutt. They even showed up on the doorstep of UNC's already-legendary basketball coach Dean Smith.

"As the carollers circled around Morgan Creek, David lip-synched his way through Silent Night, in part so that he could listen to James and Joni sing," Will Blythe wrote in The Oxford American, recounting Perlmutt's memory of the night. "Why listen to himself when such beautiful voices were ringing out behind his ears?"

With her dulcimer and his guitar, Mitchell and Taylor even played an impromptu fireside concert in the living

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PETER ASHER

room, performing Taylor's Fire And Rain and three songs that Mitchell had yet to record – the songs written in Crete, Carey and California, and the lovesick A Case Of You.

Months later, when Mitchell released *Blue*, some in attendance wondered if the native of cold Canadian prairies had written River, perhaps the definitive ode to Christmas's bittersweet sting, about her time in Chapel Hill.

LLP-77009 1. WILL YOU LOVE ME TOMORROW: (Carole King-Gerry Goffin) 4:10 33 1/3 LP 2. WHERE YOU LEAD (Carole King-Toni Stern) 3:18 Produced by Lou Adler All tunes published by Screen Gems/

STEREO



But I like you: (above) Mitchell with Carole King at A&M's studios in LA; (opposite) Young Americans on the hippy trail, living in the caves at Matala, Crete, 1966.

It "stays pretty green" there, after all, even in winter.

For now, though, it was back to sunny California. Mitchell and Taylor had records to make.

ATE IN 1970, Russ Kunkel had what he calls 50 years later "my own little Joni Mitchell concert." Only 22 at the time, Kunkel had quickly become one of LA's drumming hotshots, able to dig into the beat but also play lightly, as if accenting a track without touching it. He had worked for The Band, recorded with Dylan, and befriended Hendrix. And after he married Cass Elliot's younger sister, Leah, the entire rock world appeared to open up before him. The young couple remodelled an A-frame apartment above Elliot's sprawling Laurel

> Canyon spread, and moved around the time their son, Nathaniel, was born.

Kunkel had met Joni years before while she cut her debut album with Crosby, and he'd since seen her around Elliot's in the afternoons. She asked him to play on *Blue* and if she might stop by.

"My first thought was, Holy shit, I am sitting here, and Joni Mitchell – the most gorgeous angel in the world – is playing her songs for me," says Kunkel, admitting to callow first impressions. He mostly listened, occasionally slapping his hands on his knees or reaching for bongos. Mitchell approved of this minimalism, his tacit concession to her own intricate metres. A few weeks on, he began arriving at A&M's small Studio C with a modest percussion kit, listening to Mitchell and falling in place.

"She dictated what the grooves were, just with her guitar parts," Kunkel says. "It was easy to get inside them. When I got into the studio, I fit into what she'd already recorded."

It was a busy time at A&M: just down the hall, The Carpenters were recording in Studio A, while Carole King was cutting *Tapestry* in Studio B. King described the *Tapestry* sessions as a family affair, with her husband, Charlie Larkey, playing bass and her longtime pal, Lou Adler, producing. Her kids would stop by, as did Mitchell and Taylor to sing Will You Love Me Tomorrow? Taylor himself was recording *Mudslide Slim And The Blue Horizon* nearby, with King and Mitchell both contributing.

Mitchell would have little of that. Her sessions were sealed to the extent that, when King's engineer requested access to the piano Joni was using, they had to sneak into Studio A while she was gone. After the last year, Mitchell needed a sanctuary.



"If you looked at me, I would weep," she told Musician in 1983. "We had to lock the doors to make that album. Nobody was allowed in. Socially, I was an absolute wreck. Imagine yourself stripped of all defences."

Four other people played on *Blue* – Kunkel, Taylor, Stephen Stills and pedal steel whiz Sneaky Pete Kleinow. But it's possible to listen from start to finish and barely notice them. Kunkel's Sonor drums and Kleinow's steel whinnies during California blend into Mitchell's sharp but shimmering dulcimer chords. Stills' bass line on Carey clings so closely to her

see-sawing voice that it feels like a special effect. The players weren't assuming she'd keep their stuff, anyway. "She's so secure that, when she said hello and thanks for coming, I'd do what occurred to me," Stills tells MOJO today. "I was very clear that she was free to erase it."

In this secluded setting, Mitchell could let everything out, the first 27 years of her life's emotional detritus extracted in 10 multivalent songs. She had been playing Little Green, a number she revealed decades later was about giving up her daughter for adoption, since at least 1967. Floating through delicate acoustic guitar, its examination of lost innocence slipped seamlessly into *Blue*, as though its happy "icicles and birthday clothes" were metaphorical contrasts for its unnamed sorrows.

In some ways, its inevitable acceptance of hardship offers the anticipatory inverse of The Last Time I Saw Richard, the fraught piano finale about refusing to accept the doomed news of love. Richard warns her about the sad, cynical fate of romantics. "All

> good dreamers pass this way some day," she rebuts, her suddenly frail voice almost buckling beneath the burden. "Only a dark cocoon before I get my gorgeous wings and fly away."

> Mitchell finished *Blue* early in the spring – a little more than a year since she arrived in Crete, about half a year since she made the beast lay down on the Isle Of Wight. Her relationship with Taylor didn't really survive the

sessions, becoming a casualty of their individual struggles for meaning. Taylor was there to play guitar on *Blue*, but, for Mitchell, that was the extent of his support.

"James was a walking psychological disaster, anyway," Mitchell told Mercer decades later. "He was in no position to point a finger."

Or, as Asher puts it: "Joni and James made each other happy. And then they made each other miserable."

EARLY THREE YEARS after Tim Considine snapped his low-light photos of Mitchell during her Troubadour debut, Gary Burden called. Despite Crosby's criticism, Mitchell had held onto Considine's photo and hoped to use it for the cover of her new album. By that point, Burden was an icon of record art, having worked with Neil Young, Steppenwolf and The Doors. Considine loved his work and handed over the negative, never thinking about a fee.

"I have never given anyone a negative after that," says Considine, laughing and then sighing. "I like everything Gary ever did – except for *Blue*."

"Joni and James Taylor made each other happy. And then they made each other miserable."

PETER ASHER



Burden bathed the picture in a blue light and sharpened the image until it looked almost like an antique daguerreotype – extreme contrast and edges, so that every crease of Mitchell's face looks deep, like a steep canyon on a topographical map. In 1968, Considine felt he had captured a certain softness; Burden, however, tapped Mitchell's experiences since, the windfall of highs and lows. Considine is still not sure who made the call, Mitchell or Burden, and it remains the only album cover he's shot.

Burden's version, at least, aligns with Mitchell's own take on that time, a moment when she felt so vulnerable she soon retreated to a cabin in rural Canada, where she planned to garden, maybe live without electricity, and write. After *Blue* was released in June 1971, she rarely appeared in public for the better part of a year. Never again would she make an album as exposed, unfiltered, and unflinching.

"I love that record more than any of them, really," Mitchell would say in 1983, before her decades-long battle with its confessional legacy.

"I'll never be that pure again."

## "COME ON DOWN TO THE MERMAID CAFE..."

Uncovered: the amazing story of Joni's sidekick on Crete, Penelope Ann Schafer.

## Words: GRAYSON HAVER CURRIN

In the lore around *Blue*, "Penelope" seems like some fictionalised goddess - the Ottawa poetess, as Joni Mitchell called her, who whisked the heartsick songwriter away to a transformational period on Crete, her mononym bestowed by Greek mythology. To wit, in previous essays about *Blue*, Penelope has never been given a last name.

But she is actually Penelope Ann Schafer, a best-selling Canadian poet, award-winning actress, Buddhist explorer, beloved impresario and mother of two, who had a decades-long and sometimes-contentious relationship with Mitchell. Her fascinating life can seem at times like a tall tale.

Born in 1939 in Victoria, British Columbia, she was raised by a Second World War hero, then starred in The Tragic Diary Of Zero The Fool, an acid trip of a film that inspired Werner Herzog. She worked for a drug cartel exchanging money in South America until she developed dysentery and returned to Canada, where she became a crux of the creative counterculture. And in the late '60s, she had a short-lived tryst with Leonard Cohen (possibly while he dated Mitchell) before convincing Mitchell, in 1970, to follow her to Crete, where Cohen had purchased a home a decade earlier.

"Penelope loved travelling, but she was also interested in philosophy, history and architecture, so it was a spiritual pilgrimage," says Willow Verkerk, Penelope's eldest daughter and a philosophy professor and author in Canada. "My mom also admired Leonard as a Canadian songwriter and poet, so she would have been curious to see where he had gone."

Indeed, Penelope penned a poem about her time with Mitchell on Matala, called Letter To Crete For Joni. She wrote of "growing wild with the mystics" and "a simple day/spent learning to pray/in the sun." Mitchell, in turn, wrote a playful and lascivious poem about Penelope's lust for life in Crete: "Penelope wants to fuck the sea... She wrinkles up her nose and screams." In November 1970, after Mitchell had returned to the US, she recited the poem on-stage with Frank Zappa. Verkerk still owns the 58th handmade copy of Mitchell's Morning Glory On The Vine book, a photo of her mother and Mitchell affixed beneath the poem titled Penelope.

After Penelope's second husband died in an accident in 1982, Mitchell was around more. But they were both opinionated, obdurate people, unafraid of telling their version of the truth. As Mitchell's star rose, Penelope worried that money was warping her. After Penelope died in 2011, a mutual friend said she would tell Mitchell, but Verkerk never asked how Joni responded.

"I remember asking my mom if Joni was coming to visit us, because I had a really beautiful experience with her, a nice feeling," she says. "But mom said Joni was too materialistic, that her fame was getting to her."



Muse: (above) Willow Verkerk, daughter of Penelope Ann Schafer, sits between her sister Sophie and Joni in Crete; (above top) Mitchell on-stage in Toronto, Canada, July 26, 1970.